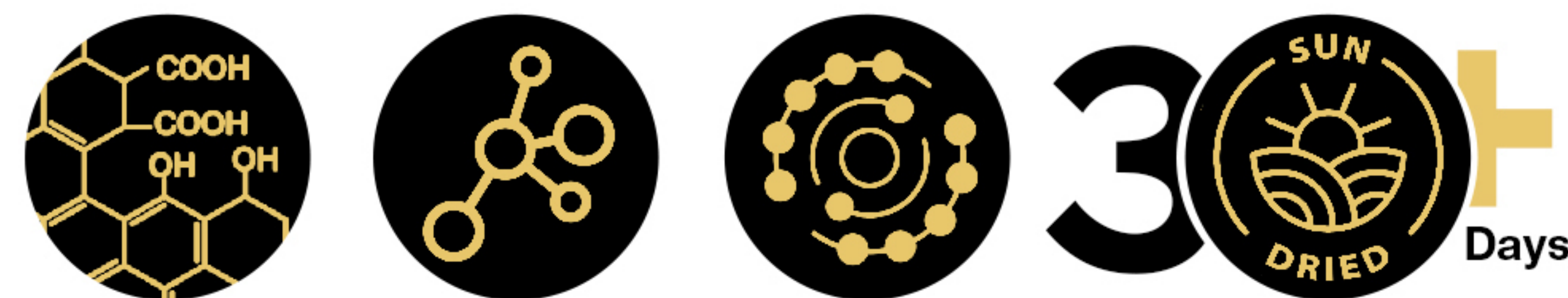


PRODUCT HISTORY

THE HERITAGE OF PURITY

Our **Shilajit** is sourced from the pristine heights of the Himalayas, where nature's secrets are guarded among the towering peaks. Renowned as an Ayurvedic treasure, it has been cherished for centuries by healers for its incredible potency and health benefits. Formed from ancient plant matter transformed over time, this precious resin holds a rich history.



Fulvic Acid • Amino Acid • Antioxidants • Sun Drying Process

We prioritize truth and transparency, providing only fact-based information and educating our clients on the realities of our product. Sourced from the finest stones in the Himalayas, Karakoram, and Hindu Kush, our shilajit undergoes a rigorous ISO Certified Purification Process to ensure it is free from all impurities.

What makes our **Shilajit** unique is its rich composition of fulvic acids, amino acids, and antioxidants that work together to restore energy and balance. Each batch undergoes a 30+ days sun-drying process, enhancing its nutrient profile and making it more bioavailable and effective.

Himalayan Vitals Shilajit is more than a supplement, it's a legacy refined through generations of traditional knowledge, perfected to meet the highest standards of quality and authenticity.

PRODUCT DETAILS

A PROMISE OF PURITY & POTENCY

At **Himalayan Vitals**, we provide 100% pure **Shilajit resin** in each jar, whether **30g or 50g**, sourced from the finest regions of the Himalayas, Karakoram, and Hindu Kush. Our rigorous testing ensures purity, potency, and safety, with no fillers, preservatives, or additives, just nature's essence.

We take pride in our detailed extraction and purification methods, honouring traditional practices to preserve Shilajit's natural potency and ensure maximum benefits in every dose.



BENEFITS AND USAGE

Our **Shilajit** is a powerhouse of over 85+ trace nutrients including fulvic acid, each contributing to its reputation as a potent rejuvenator. Below are some of its key benefits:



Boosts Energy Levels and Stamina:

Shilajit naturally enhances the body's energy production at the cellular level, helping combat fatigue and promoting vitality.



Anti-Inflammatory and Antioxidant Properties:

The presence of fulvic acid makes it a powerful antioxidant, combating free radicals and reducing inflammation.



Supports Cognitive Function and Mental Clarity:

Regular use of Shilajit has been linked to enhanced focus, better sleep quality, increased productivity, improved memory, and overall cognitive health.



Enhances Physical Performance and Recovery:

It's unique mineral composition helps the body recover faster from physical exertion, making it a favorite among athletes.



Strengthens the Immune System:

Shilajit's rich mineral profile helps bolster immunity, keeping the body resilient against illnesses.



Promotes Overall Vitality and Well-Being:

A natural adaptogen, it helps the body adapt to stress and restore balance.



Enhances Sexual Potency:

Supports sexual health by improving Testosterone levels, stamina and enhancing libido. Its natural compounds help boost energy levels, which may contribute to increased sexual desire and overall vitality.

ADDITIONAL TIPS

- **Recommended Dose:**
Dissolve a pea-sized amount (350mg) in lukewarm water, tea, or coffee. Do not exceed the maximum daily intake of 500mg.
- **Beverages:**
Mix with warm water, tea, or coffee for best results.
- **Storage:**
Keep in a cool, dry place, away from sunlight and heat.
- **Precaution:**
Consult your doctor if pregnant, lactating, or with medical conditions before use.
- **Medical Consultation:**
Consult your healthcare provider before consuming it, especially if you have any medical issues, including diabetes, heart diseases, or blood pressure concerns.





CERTIFICATIONS & LAB REPORTS

We understand that when it comes to your health, you need assurance and reliability. That's why Himalayan Vitals **Shilajit** is backed by the highest certifications in the industry:



GMP (Good Manufacturing Practices):

Ensures safety and quality at every stage, covering raw materials, facilities, and staff hygiene.



ISO Certified:

Certifies that our food safety management system meets global standards, ensuring safe consumption.



HACCP:

Verifies rigorous hygiene protocols to eliminate contamination risks throughout production and distribution.



NON-GMO:

Guarantees our product is free from genetic modifications, maintaining its natural integrity.

Additionally, our **Shilajit** undergoes comprehensive lab tests for heavy metals (Lead, Cadmium, Arsenic, and Mercury) and other safety parameters. Detailed lab reports are available upon request, reflecting our commitment to transparency and product safety.

WHY HIMALAYAN VITALS?

In a market flooded with inferior, hastily processed products, Himalayan Vitals stands as a beacon of integrity and quality. Here's what sets us apart:



Ethically Sourced:

Our Shilajit is responsibly gathered, supporting local communities and preserving ecological balance.



Sustainability:

We prioritize sustainable practices throughout sourcing and packaging to minimize our environmental footprint.



Authentic Sun-Drying Process:

Unlike others, our Shilajit undergoes a 30+ days sun-drying process, preserving its natural potency and nutrient profile.



No Competitive Claims:

We let our product speak for itself, backed by certifications, rigorous lab testing, and unparalleled results.

FREQUENTLY ASKED QUESTIONS



What is Shilajit used for?

Shilajit is a natural resin revered for its ability to enhance energy, support mental clarity, and promote overall health and vitality.



How do I use Shilajit?

It is recommended to dissolve a pea-sized amount (350mg) in warm water, tea, or coffee and consume it once daily.



Is Shilajit safe for consumption?

Yes, our Shilajit is thoroughly tested for heavy metals and meets all international safety standards.



Are there any side effects?

Pure Shilajit is generally safe when used as directed. Mild side effects like dizziness or upset stomach can occur if consumed in excessive amounts. Moreover, patients of high blood pressure, heart diseases and diabetes should consult their physician before consuming it.



How is Himalayan Vitals' Shilajit different?

Our Shilajit is sourced from the highest Himalayan, Karakoram & Hindu Kush peaks, rigorously purified, and sun-dried for 30+ days, ensuring that it retains its potent properties and offers unmatched quality.



What If I have any Medical Issue?

Consult your healthcare provider before consuming it, if you have any medical issue especially diabetes, heart diseases, blood pressure and pregnancy.



JOIN US ON OUR JOURNEY

At **Himalayan Vitals**, our mission is more than just delivering a product. It's about reviving the tradition of true wellness, one that respects nature and benefits humanity. Connect with us on social media to stay updated on our latest research, product launches, and health tips.



HIMALAYANVITALS
— THE ORGANIC WAY TO WELLNESS —



Embrace the organic way to wellness with **HIMALAYAN VITALS**, because your health deserves **THE BEST** that nature has to offer.



himalayanvitals

www.himalayanvitals.com